

# QUESSIE Newsletter December 2017

Dear **QUESSIE** Member

The end of the year is a common time to reflect on our experiences during the past 12 months. I want to share with **QUESSIE** members some of the questions I use to focus on past achievements and importantly, the questions that give me clarity about how I will improve on things, moving forward. Thanks to Forbes for the suggestions.

## **Self-Awareness**

What are you pretending not to know?

Why don't you do the things you know you should be doing?

What are your values and are you being true to them?

In what ways are you being perceived, that you're not aware of?

What don't you know, that you don't know?

## **Happiness / Peace of Mind**

Are your "shoulds" getting in the way of your happiness?

If you achieved all of your life's goals how would you feel? How do you keep this feeling going along the journey?

What did I learn today? What made me laugh?

## **Perspective**

If you weren't scared what would you do?

Will this matter later on?

Should you be focused on today or tomorrow?

## **Influence / Achievement**

Why not? What would happen if...?

What / Who did you make better today?

What do you want your life to be in 5 years?

What can you do today to improve?

## **Work / Entrepreneurship**

What's your WHY?

What's the one most important thing to get done today / this week / month?

What questions must you consider before starting a project?

What's the potential upside? What are the risks? What's the likelihood of success? What's the strategic value?

What are we talking about? What problem are we solving?

What do you need to make it happen?

If we could wave a magic wand and do anything together, what would that look like?

How would your role models act and carry themselves in this situation?

What else?

I wish all QUESSIE members and their families a safe and happy Festive Break. Catch you all in the New Year!

Best wishes

*Sheldon*

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